



Leek & potato porrusalda

The leek & potato combination is found in many forms: vichyssoise, scandinavian leek & potato soup, etc. The Spanish version, porrusalda, is popular all across the country, especially in the north. The classic version is made with water, and incorporates a little salt cod for extra flavor. Not being a fan of salt cod, I prefer to use a savory stock instead. It's tasty and easy to prepare in a short time with just a few inexpensive ingredients.

Ingredients

- 1 large leek, white part only
- 3 medium sized potatoes

1/2 small onion

1 liter stock (veg or chicken) or water

2 tbsp olive oil

salt & pepper to taste

Preparation

Split leek lengthwise & slice crosswise (1/4")

Peel potatoes, cut in 1/2" dice

Finely dice the onion

Sautée leek & onion gently on medium heat in olive oil (don't let it brown)

After 3 minutes, add the potatoes, sautée for a couple of minutes more.

Add stock (or water), 1/2 tsp salt and pepper to taste.

Bring to a boil and cook until the potatoes are tender (don't overcook): 10 to 15 minutes depending on the type of potato.

Check for salt and serve hot with a couple of grinds of pepper on top.

Note:

1. Bacon is a good option: just sautée the leeks with some diced bacon, or serve with sprinkle of crispy bacon.

2. You can't go wrong with some cheese grated on top. Croutons add a nice touch as well.

3. No spices in the basic recipe except ground black pepper, but feel free to experiment: rosemary, mint, lavender & fino sherry, for example.

Download in PDF

Recipe List